



# Develop Your Professional Image

*and Get Where You Want to Go*

February 24, 2010

## Seattle, WA

Featuring Kathy Bote'



Kathy has made a career of empowering people to become their own heroes.

She provides practical information with diverse activities and a hefty dose of humor. She has over 20 years experience training people from all over the world.

*"I came in not knowing what to expect and left mind-blown! I feel like the power is mine and only mine. You made me open my eyes!"*

*D. Shell*

*Office of Attorney General*

Why wait to become your best? Register now!

### Do you want to get ahead? Want others to appreciate you for who you are professionally?

Like it or not, our image can make or break our success. Develop your image to where you want to go now! Feel great about yourself!

Communicate the image of a confident, competent professional headed for success!

Project a confident, professional image in person or the phone

Communicate effectively with your boss and coworkers. Promote yourself without bragging and gain recognition!

Know how to position yourself for power in meetings. Confidently speak up and be heard.

Control tears and deal with difficult people and criticism with tact and control

### Program Details:

**Location:** Labor and Industries  
315 5<sup>th</sup> Ave South  
Seattle, WA 98104-2607

**Time:** February 24, 2010  
9 AM-4 PM

**Cost:** \$99 payable prior to training to Courage Speaks, PO Box 1509  
Maple Valley, WA 98038

### ***Who should attend:***

You! Do you ever feel invisible? Do you make suggestions that ignored? Would you like to get the recognition you deserve? Would you like to be more confident?

Register today and develop the powerful presence of a true professional – one that communicates confidence and earns respect

### ***Register now!***

#### **Online:**

<http://www.icsew.wa.gov/calendar/default.htm>

**Phone:** Gen O'Sullivan  
(360) 725-9704

Or contact Kathy Bote'  
(425)432-9345

*Cancellation Policy: Please notify at least 48 hours in advance for refund. For more information or options, contact Kathy Bote'*